What is Christian spirituality? How has it changed over the centuries? Who first defined Christian spirituality? How does Orthodox Christian understanding of spirituality differ from Catholic and Protestant understanding? How can the ancient Christian church and the Holy Fathers and Mothers inform and inspire our Christian spirituality today?

This third annual conference, *Can the Early Christian Church Enrich Contemporary Christians?*, examines these questions and offers practical suggestions for enhancing your Christian spirituality toward a more fulfilling life in Christ.

Come hear three prominent theologians and spiritual directors, representing the Protestant, Catholic, and Orthodox Christian perspectives. They bring diverse experience and much spiritual depth. Please join us!

**PRESENTERS**

Dr. Ken Boa, Reflections Ministries, Atlanta (www.kenboa.org)
Dr. Robin Darling Young, Catholic Univ., Washington, DC
Rev. Dr. Panayiotis Papageorgiou, Holy Transfiguration Greek Orthodox Church

**PLACE**

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**Conference Schedule**

**Friday, September 21**
- 7:00 pm Welcome, Opening Prayer
- 8:15 pm Break
- 8:30 pm Q & A's; Discussion - Fr. Panayiotis, Robin Darling Young, Ken Boa

**Saturday, September 22**
- 8:30 am Continental Breakfast
- 8:45 am Welcome, Opening Prayer
- 9:00 am What Can the Early Christian Church Teach Us About Spiritual Training, Part 1 - Robin Darling Young
- 10:00 am Q & A's; Discussion - Fr. Panayiotis, Robin Darling Young, Ken Boa
- 10:30 am Break
- 10:45 am What Can the Early Christian Church Teach Us About Spiritual Training, Part 2 - Robin Darling Young
- 11:45 am Q & A's; Discussion - Fr. Panayiotis, Robin Darling Young, Ken Boa
- 12:15 pm Lunch
- 1:00 pm Spiritual Practices on Mt. Athos Today - Fr. Panayiotis
- 2:00 pm Q & A's; Discussion - Fr. Panayiotis, Robin Darling Young, Ken Boa
- 2:30 pm Break
- 2:45 pm Synthesis of the Holy Fathers on Spiritual Practices, Part 2 - Ken Boa
- 3:45 pm Q & A's; Discussion - Fr. Panayiotis, Robin Darling Young, Ken Boa
- 4:15 pm Announcements, Prepare for Vespers, Closing Prayer - Fr. Panayiotis
- 5:00 pm Vespers (Optional)

**Sunday, September 24**
- 1:00 pm Welcome, Opening Prayer
- 1:15 pm Connecting Spirituality with Worship in the Ancient Christian Church - Robin Darling Young
- 2:15 pm Q & A's; Discussion - Fr. Panayiotis, Robin Darling Young, Ken Boa
- 2:45 pm Break
- 3:00 pm Comparing the Ancient Christian Church and Contemporary Personal and Corporate Expressions of Worship and the Spiritual Life - Ken Boa
- 4:00 pm Q & A's; Discussion - Fr. Panayiotis, Robin Darling Young, Ken Boa
- 4:45 pm Announcements, Prepare for Vespers, Closing Prayer - Fr. Panayiotis
- 5:00 pm Vespers (Optional)

**Dr. Kenneth Boa** is a writer, teacher, speaker, and mentor working largely with business and professional people in the Atlanta area, throughout the country, and around the world. He is President of Reflections Ministries. His website, KenBoa.org, has an abundance of free resources. Ken holds a BS from Case Institute of Technology, a ThM from Dallas Theological Seminary, a PhD from New York University, and a DPhil from the University of Oxford in England.

**Dr. Robin Darling Young** is Associate Professor of Spirituality at Catholic University in Washington, DC. She has published and lectured widely on topics in the history of early Christianity and its thought, including the areas of scriptural interpretation, the history of asceticism and monastic thought, and the Christian cultures of ancient Syria and Armenia. She holds a BA from Mary Washington College, and a MA, PhD from the University of Chicago.

**The Rev. Dr. Panayiotis Papageorgiou** was born on the island of Cyprus. He has served as a priest in the US and Cyprus and taught Orthodox Theology and Spirituality in Cyprus, Jerusalem, Canada and the US. Presently, he serves as pastor of Holy Transfiguration Greek Orthodox Church, in Marietta, Georgia. He holds a Bachelor’s Degree in Chemical Engineering from City College, New York, a Master of Science in Chemical Engineering from the University of Notre Dame, a Master of Divinity from Holy Cross Greek Orthodox School of Theology, Brookline, MA and a PhD in Early Christian Studies from the Catholic University of America in Washington, DC.